



Discover Scotland

CE and Land Tour

June 4 –11, 2023



Though small in size, it most certainly is not lacking in extensive history, beautiful landscape, and vibrant culture. True to the Scots saying, "Guid gear comes in sma bouk!" which translates to "Good things come in small packages", as one of the most visited travel destinations in the world, Scotland captivates even the most experienced traveller. Offering something for history buffs and first time travellers alike, Scotland's numerous castles, lochs, and medieval cities are enough to please one's exploratory palate. In addition to its natural landscape, which has been an inspiration to artists and writers for centuries, and its rich, unique history which dates back to Roman times, Scotland is also home to the bizarre albeit delicious haggis, known for its Angus beef, and the source of over one-hundred whisky distilleries. If you wish to dip your toes into one of its many lochs, delve into a glass of pure malt whisky, or stroll through medieval castles, Scotland will welcome you with open arms.

Sunday, June 4—Edinburgh

Arrive **Edinburgh** and transfer to the hotel where you can relax and refresh before heading out on a late morning or afternoon walking tour of the **Royal Mile** (times will depend on flight arrivals).

Dinner on own

Overnight at **Kimpton Charlotte Square**

Meals— None

Monday, June 5—Edinburgh

Breakfast at the hotel.

*Optional golf at **Dalmahoy**, **Gullane No. 1** or **North Berwick** (additional fees apply)

For those not golfing, a visit to the **Palace of Holyrood**, the Queen's official residence in Edinburgh and the home of Scottish royal history

Afternoon **CE Lecture (3 Hours)**

Dinner this evening is a very special event as we head to **Winton Castle** to enjoy a traditional Scottish dinner, including a bagpiper, the "address to the haggis", music and highland dancing.

Overnight **Kimpton Charlotte Square**

Meals— B, D



Edinburgh is two cities in one: the medieval Old Town, its famous historical past and it the 'closes' and 'wynds' of the cobbled streets and the famous Royal Mile which leads from the castle to the park of Holyrood. Next to this, the newly completed multi million pound Parliament Building. There is also the elegant and classical New Town, its Georgian apartments, built for the Noble Classes who moved away from the old town to find space and light. Witness Neoclassical facades, wide open streets and leafy parks punctuated with elegant churches and museums of the 1700 to 1800's. The Medieval Old town has the Queen's residence, the Palace of Holyroodhouse, at its most eastern end, and is linked to the castle at its Western end by a mile of cobbled stones named 'The Royal Mile'.

Tuesday, June 6—Blair Castle and Dalwhinnie Whiskey Tasting

Breakfast at the hotel and check out

Today we make our way north to the magnificent Highlands. Our first stop is **Blair Castle** which has been in the Atholl family for more than seven centuries and is the ancestral home of the Clan Murray. Our next stop is **Dalwhinnie Distillery** for a whiskey tasting. Built in 1897 and currently the highest distillery in the country, Dalwhinnie – or “Plain of Meetings” in Gaelic – is named for its location at a junction of old drove roads, between two mountain ranges. Year after year it survives the coldest of conditions to produce smooth, golden heather honey-like spirit. Uncover the history behind the liquid.

Hotel check-in and evening at leisure.

Overnight at **Ness Walk Hotel**

Meals— B

Wednesday, June 7—Highlands

Breakfast at the hotel followed by a **CE Lecture (3 Hours)** and hotel check-out

We can't leave Inverness without a stop at Loch Ness for a photo opportunity and possible Nessie sighting!

Next, we enjoy the beauty of the Highlands with a picnic in picturesque **Glencoe**, perhaps Scotland's most famous and scenic glen. Glencoe is also arguably Scotland's most historic glen, and it was recently voted as Scotland's most romantic glen.

Overnight at **Loch Fyne Hotel & Spa**

Meals— B, L



The Highlands is an amazing concoction of culture, history, architecture and unparalleled scenery. Think big skies, mind-blowing landscapes, superb food and hospitable people - it's a cliché, but the Highlands really is the Scotland of your imagination.

Thursday, June 8—Isle of Mull

Breakfast at the hotel

*Optional golf at **Glencruitten Golf Course** (additional fees apply)

For those not golfing, a quick ferry ride for a visit to the **Isle of Mull**, home of the dramatic **Duart Castle**, which sits high on a cliff-top, proudly guarding the Firth of Lorne. On Mull, you'll also find the fishing port of **Tobermory**, famous for its pastel-coloured houses, which line the harbour where we will enjoy some free time to wander and explore.

Dinner tonight is the freshest and most authentic Scottish seafood straight from the loch!

Overnight at **Loch Fyne Hotel & Spa**

Meals— B, D

Friday, June 9—Loch Fyne and Inverary

Breakfast at the hotel followed by a **CE Lecture (3 Hours)** and hotel check-out

For those not participating in the meeting, there will be optional activities.

- Du Na Cruach Ranger Walk to enjoy the local scenery
- Argocart on an Inverary estate for flora, fauna and wild life viewing (additional fees apply)
- Spa treatments at the hotel (additional fees apply)

Afternoon and evening at leisure

Overnight at **Gleneagles**

Meals— B, L

Saturday, June 10—Gleneagles and Stirling Castle

Breakfast at the hotel followed by a **CE Lecture (3 Hours)**

This afternoon enjoy some of them many activities at the hotel, including golf (additional fees apply) or enjoy a tour of **Stirling Castle**, one of the most famous in all of Scotland, this medieval castle towers over the site of Stirling Bridge, the place of William Wallace's victory over the English. From the castle, one can also gaze upon Bannock-burn, where the English were again defeated in 1314 by Robert the Bruce. In its day, Stirling Castle was not only a strategic, military post due to its geographic location in the Highlands and at the epicenter of the wars of independence during the 13th and 14th centuries, but also the home to such important Scottish monarchs like King James VI and Mary, Queen of Scots.



Saturday, June 10—Gleneagles and Stirling Castle (continued)

Farewell Dinner at **Shooting Lodge**

Overnight at **Gleneagles**

Meals— B, D

Sunday, June 11—Fly Home

Breakfast at hotel and transfer to airport for flight home



What's Included



- ♦ **Seven (7) nights in superior accommodations**
- ♦ **Meals**
 - Breakfast Daily**
 - 2 Lunches**
 - 3 Dinners, including Gala Welcome Dinner at Winton Castle**
- ♦ **Whiskey Tasting**
- ♦ **Tours and entrances as listed in the program**
- ♦ **Deluxe motor coach transportation, including transfers to and from airport**
- ♦ **Cruise and Travel Partners escort**
- ♦ **Expert local tour manager and guides**

\$5,300 Per Person

***By Check or + 3%**

Based on Double Occupancy

For More Information or to Register Contact

Jodi Murphy

610-420-9364

cruiseandtravelpartners@comcast.net

www.cruiseandtravelpartners.com



A Multi-disciplinary CE Experience:

A Review of Key Topics in Medicine and Pharmacotherapeutics for the Practicing Dentist

Dr. Joseph Best

Endo Nuggets

Dr. Joseph deGuzman

Dental Implants Over the Last 30 Years

Dr. Joseph Schmidt

Round Table Discussion Regarding Treatment Planning for Implants

Drs. Best, deGuzman & Schmidt

Joseph Best, D.D.S., Ph.D.

Dr. Best is a 1989 graduate of Marquette University School of Dentistry (MUSOD) and a adjunct associate professor at the dental school in the division of Oral and Maxillofacial Surgery. He is the course director for the Medical Emergencies and Pharmacotherapeutics courses at MUSOD and lectures extensively in pharmacology, pain control, medicine, oral surgery and implant dentistry both at the dental school and in regional CE programs. Dr. Best received his Ph.D. in Pharmacology and a certificate in Oral and Maxillofacial Surgery from the University of Rochester School of Medicine and Dentistry. He is a board certified oral and maxillofacial surgeon and maintains a private practice with Oral and Maxillofacial Surgery Associates of Waukesha in Waukesha, WI.



Joseph deGuzman, D.D.S., M.S.

After graduating from Dental School in 1989 Dr. deGuzman completed a General Practice Residency at the Clement Zablocki Veterans Administration Hospital followed by 6 years of private general dental practice. He returned to Marquette in 1995 for his residency in endodontics and received his Certificate in Endodontics and MS degree in 1997. Dr. deGuzman is a board-certified Endodontist in private practice and an Associate Professor at Marquette University School of Dentistry. He is an avid basketball fan and golfer.



Joseph Schmidt, D.D.S.

Dr. Joseph Schmidt was a dental lab tech until he received his D.D.S. from Marquette University School of Dentistry. He then did a residency in Oral and Maxillofacial Surgery at Denver General Hospital and now has been in private practice for over thirty years with a focus on dental implants. Dr. Schmidt is currently a member of the American Dental Association, the American Academy of Oral and Maxillofacial Surgery, the Academy of Osseointegration, the American Academy of Implant Dentistry, the International Congress of Oral Implantologists. and the International College of Dentists. He lectures on dental implants with an emphasis on reconstruction with osseointegrated implants. Dr. Schmidt was also on the steering committee for the OsseoSpeed FOCUS Study and the scientific committee for Astra Tech's first World Congress.



None of speakers have any conflicts of interest to disclose

A Review of Key Topics in Medicine and Pharmacotherapeutics for the Practicing Dentist

Objectives:

1. Understand how to manage of cardiovascular compromised patients
2. Identify and manage anticoagulation
3. Understand how to manage immunocompromised patients
4. Apply best practices approaches to pain control
5. Understand how to best manage the anxious patient
6. Apply antibiotic stewardship in your practice
7. Understand to get better outcomes with local anesthesia
8. Understand how to manage of cardiovascular compromised patients
9. Identify and manage anticoagulation
10. Understand how to manage immunocompromised patients
11. Apply best practices approaches to pain control
12. Understand how to best manage the anxious patient
13. Apply antibiotic stewardship in your practice
14. Understand to get better outcomes with local anesthesia

Endo Nuggets

Dental Implants Over the Last 30 Years

After completion of the course we should be able to:

- See what worked originally, and what we have found to improve the implant
- Discuss treatment tricks to plan for the patients future
- Explain Dental Implant maintenance for the patient and some debated issues with
- Understand what the future holds

Round Table Discussion Regarding Treatment Planning for Implants